

CHIROPRACTOR

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Do you know what the U.S. Department of Health and Human Services recommend as the safest form of treatment for acute low back pain?



Dr. Klindt

ANSWER: According to the Public Health Service Agency for Health Care Policy and Research (AHCPR) they developed Clinical Practice Guideline Number 14 for treatment of Acute Low Back Problems in Adults. Those guidelines recommended spinal manipulation (i.e. CHIROPRACTIC) and/or nonprescription medication as the safest form of treatment for acute low back problems in adults. The AHCPR believes these guidelines will make a positive contribution to the quality of care received by acute low back pain patients in the United States. They encourage practitioners and patients to use this information when making decisions about what kind of treatment is appropriate for acute low back pain.

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